

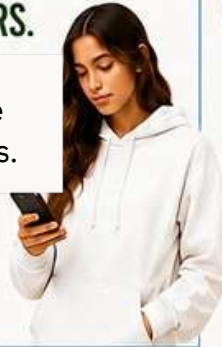
RAISING SAFE, CONFIDENT & RESPONSIBLE CHILDREN

As parents and educators, we share a common goal—helping our children grow into confident, responsible and resilient individuals. Let's work together to guide them towards safe choices and a brighter future.



1. WHAT YOU POST ONLINE, IS NO LONGER YOURS.

Once something is shared online, you lose control of where it goes. Think before you post anything, your digital footprint can last forever.



5. NEVER HOLD SOMETHING FOR SOMEONE ELSE.

Don't keep someone else's items with you may be at school your car or your home. Stay out of trouble



2. YOUR "NO" IS ENOUGH.

You never owe anyone an explanation for setting a boundary. The right people will respect your decision.



3. IF SOMEONE ASKS FOR PRIVATE PHOTOS, DON'T SEND THEM.

Once an image sent you cannot guarantee who else can see it. Protect your privacy and your future.



4. NEVER USE DRUGS.

One bad decision can change your life forever. Have the courage to walk away.



6. CHOOSE YOUR FRIENDS WISELY.

Stay away from people who manipulate you or pressure you or don't want the best for you.



7. ENCOURAGE OPEN COMMUNICATION.

Create a safe space in home where your child feels comfortable in talking to you about anything without fear of judgement or punishment, you are their safe space.



8. BUILD CONFIDENCE & GOOD DECISION-MAKING.

Teach your child to trust on their instincts if a situation feels unsafe uncomfortable or wrong and leave immediately to seek help from adults.

STAY AWAY FROM FRIENDS WHO:

- ✗ Only contact you when they need something.
- ✗ Lie to you or manipulate you.
- ✗ Make you feel guilty for everything.
- ✗ Pressure you into doing things you don't want.
- ✗ Push you to drink, smoke, or use drugs.
- ✗ Constantly criticize you instead of supporting you.
- ✗ Pull you away from your family and positive influences.



Children who receive consistent guidance at home are more likely to make safe choices, resist negative peer pressure, and grow into responsible and compassionate adults.

TOGETHER, LET US EMPOWER OUR CHILDREN WITH THE WISDOM TO MAKE THE RIGHT CHOICES

